

September 2017 – Specialty Classes

**Classes and price subject to change without notice
 **Classes need 2 or more scheduled clients in order to run
 ** Classes must sign up in advance to be guaranteed a spot in class
 ** 24 hour notice to cancel your class or you will be charged full class rate, including NO SHOWS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED					1 BOOTCAMP – 5:30AM KINESIS – 6:30AM SOCIAL SPIN – 9AM	2
3 CLOSED	4 LABOR DAY	5 WERK & SLURP – 12:00PM	6 BOOTCAMP – 5:30AM	7 FIT4BIZ BOOTCAMP – 12:00PM SPINERZ – 5PM KINESIS – 5:30PM	8 BOOTCAMP – 5:30AM KINESIS – 6:30AM SOCIAL SPIN – 9AM	9
10 CLOSED	11 KINESIS – 6PM	12 WERK & SLURP – 12:00PM	13 BOOTCAMP – 5:30AM	14 FIT4BIZ BOOTCAMP – 12:00PM SPINERZ – 5PM KINESIS – 5:30PM	15 BOOTCAMP – 5:30AM KINESIS – 6:30AM SOCIAL SPIN – 9AM	16
17 CLOSED	18 BOOTCAMP – 6AM KINESIS – 6PM	19 WERK & SLURP – 12:00PM	20 BOOTCAMP – 5:30AM	21 FIT4BIZ BOOTCAMP – 12:00PM SPINERZ – 5PM KINESIS – 5:30PM	22 BOOTCAMP – 5:30AM KINESIS – 6:30AM SOCIAL SPIN – 9AM	23
24 CLOSED	25 BOOTCAMP – 6AM KINESIS – 6PM	26 WERK & SLURP – 12:00PM	27 BOOTCAMP – 5:30AM	28 FIT4BIZ BOOTCAMP – 12:00PM SPINERZ – 5PM KINESIS – 5:30PM	29 BOOTCAMP – 5:30AM KINESIS – 6:30AM SOCIAL SPIN – 9AM	30